

Proceeds from the states first-ever Parkinson's 5K "Moving Toward a Cure" will help sustain local programs to inform, assist, and educate individuals and families coping with the challenges of Parkinson's Disease and will contribute toward national research funded by the American Parkinson Disease Association (APDA). The longtime mission of APDA

is **"to ease the burden and find a cure."**

The MS Chapter is affiliated with the APDA and the world's "largest grassroots organization dedicated to fighting Parkinson's". The MS Chapter is one of over 50 Chapters of the APDA is a non-profit organization established to improve the quality of the life for Mississippians and their families living with Parkinson's disease. The MS Chapter's goals are to help fund special programs and raise funds to find a cure for Parkinson's disease. Some of these programs include: the Annual Parkinson Disease Conference, Young Onset Parkinson Disease (YOPD) Retreat, and "Moving Toward a Cure" as well as other fundraising programs.

*Everyday researchers are learning new facts about how the brain works. Newly approved drugs are widening the choice of therapies, and surgical procedures — such as deep brain stimulation (DBS) — are also helpful for appropriate candidates. New medications are under investigation, and government and private pharmaceutical company-sponsored clinical trials are being conducted throughout the country.*

*Parkinson's research is so promising that scientists are optimistic about finding a cure in the near future.*

**For more information contact:**

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MS Chapter American Parkinson Disease Assoc.  
601-506-2729 or info@msapda.org

Inaugural

**“Moving Toward a Cure”**

**Parkinson Charity Race**

**& Parkinson Forum**

Charity 5K Run ● 5K Race Walk ● Mile Fun Run

**March 27, 2010**



Lakeshore Park at the Ross Barnett Reservoir

**Out and Back across Causeway**

**\$1900 cash prizes**

**Plus other awards**

**Organized by:**

**Mississippi Chapter of the American Parkinson Disease Association**  
\*[www.msapda.org](http://www.msapda.org)\*

**Parkinson's Charity Race 8:00 a.m.**

- 5K Run—Saturday, March 27, 2010 START @ 8:00 a.m.
- 5K Race Walk— START @ 8:05 a.m.
- Mile START Immediately following 5K
- Race Day Registration starts at 6:30 a.m. and ends 7:45 a.m.
- Race Packet pickup at the Reservoir YMCA on Friday, March 26th, 5-7 p.m. OR at 6:30 a.m. on race day

**Parkinson's Forum 11:00 a.m.**

- Presented by Lee Voulters, M.D. Parkinson's Specialist and Member of the Movement Disorder Society
- Local Parkinson's disease Physicians: Donald Butts, Ruth Fredericks, John Norton, and Patrick Weldon (tentative)
- Parkinson's Educational Materials by: APDA, Medtronic and Teva Neuroscience
- Medtronic presentation on Deep Brain Stimulation (DBS)
- Kathleen Wentland, LSVT Clinician
- **No fee to attend the Forum**
- **PLEASE RSVP TO Brenda Allred at 601-638-7484 or [brendaallred@gmail.com](mailto:brendaallred@gmail.com). ,so we will be able to accommodate everyone and provide refreshments/light lunch.**

**Registration**

- Early Bird registration must be post-marked by March 19, 2010
- Late and race day registration is available beginning March 20th
- Online registration at: [www.active.com](http://www.active.com) or [www.msracetiming.com](http://www.msracetiming.com)
- Late registration at the YMCA on Friday, March 26th, 5-7 p.m.
- Early registration \$20 (postmarked by March 19th)
- Late and race day registration \$25
- Early Mile registration \$10 (postmarked by March 19th)
- Late/race day Mile registration \$15

**Cash Prizes and Awards \$1900**

- 5K Run — Top 3 Male & Female: \$350, \$200, \$100 respectively
- Top Male & Female Master and Grand Master \$100
- 5k Race Walk — Top 3 Male & Female \$50, \$30, \$20
- 5K Run Awards — Top 3 in each age group will be awarded prizes: 19 & under, 20—29, 30—39, 40—49, 50 & over.
- Mile Awards — Overall male & female winners (only eligible for 12 years and under).

